



 Cummings North Shore News

CUMMINGS CENTER / DUNHAM RIDGE

LIVE.

WORK.

PLAY.

January 14, 2020

New Neighbor Profile



Welcome, [Positive Vybes](#), to 100 Cummings Center, Suite 220-E. Owned and operated by Terrie Hanscom, the

relaxation studio uses integrative health modalities, such as meditation, reiki, and more, as tools to reduce stress. For additional information, visit the [website](#).

Friendly Reminders



Talking Trash: Please remember that the trash and cardboard compactors are for normal office waste disposal only. When trash is placed in one of the compactors, the compactor ram *must* be operated *through a complete cycle* to prevent overflows and jams. Inappropriate and oversized items, such as furniture, are not to be disposed of

in the compactors or left on any loading dock. Open-top containers at the 141 loading dock are for Cummings Properties' construction use *only*. Client firms are welcome to contact [Junk King](#) at 978-212-3973 for removal of large items.

Quick Links

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Submit Your News

To be included in a future edition, please email newsbrief@cummings.com.

Noteworthy News

New Year's Resolutions? Becoming more active and going to the gym are often popular New Year's resolutions. Check out these fellow Cummings clients to learn more about programs that can help you reach your goals.

[BAC Express](#), 600 Cummings Center, Suite 170-X

[Body Clarity](#), 100 Cummings Center, Suite 241-C

[CrossFit Five Plus](#), 100 Cummings Center, Suite 135-E

[Fitness Together](#), 950 Cummings Center, Suite 98-X

[Spectrum Fitness Consulting](#), 100 Cummings Center, Suite 121-Q

[The Energy Barre](#), 100 Cummings Center, Suite B20-D

Upcoming Events



[Beacon Hospice](#), 100 Cummings Center, Suite 222-C, is hosting a community service project in honor of Martin Luther King on **Friday, January 17 from noon to 2:00 PM** in the lobby of 500 Cummings Center. Beacon Hospice invites volunteers to stuff activity bags with crayons, stamps, and assorted trinkets to keep kids busy while awaiting medical treatments. For additional information, contact Tara at tara.duplaga@amedysis.com.



[SCORE Association Northeast Massachusetts](#), 100 Cummings Center, Suite 310-G, is hosting a seminar exploring how to leverage positive customer experiences for overall business success on **Wednesday, January 15 from 11:30 AM to 1:00 PM**. *Talk Triggers - Customer Experiences that Grow Business* will be held in the Community Conference Room, 100 Cummings Center, Suite 221-E, and will feature business strategist and *New York Times* best-selling author Jay Baer. For additional information or to register, visit the [website](#).

Business Spotlight

[Chromatra](#), 100 Cummings Center, Suite 231-G, has been a member of the Cummings community since 2015. This technology development company specializes in color imaging for surveillance cameras and night vision equipment. It has developed and patented an innovative technology that provides the ability to see color at night with a standard PVS-14 night vision device and sensor-based surveillance. For additional information, visit the [website](#).

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